

Fort Assiniboine School
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We're on the Web!
See us at:

www.fortschool.ca

www.facebook.com/FortAssiniboineSchool

Special Interest Articles

[Principal's Message - Page 1](#)

[Calendar - Page 2](#)

[Kindergarten Registration - Page 3](#)

[PHSD Board News - Page 3](#)

[School Council/Parent Society - Page 4](#)

[Earth Day - Page 5](#)

This Month's Highlights:

- Kindergarten Open House
Wednesday April 20
1:00 - 3:00)

Attendance

Please inform the office if your child is going to be away from school or is sick.

You can call at any time as we do have an answering machine.

780-584-3751

Dreaming of Spring



Spring Renewal - Time to Bloom!

Fresh Start

How was your Spring Break? Can you feel positive change in the air? I loved the time to reconnect with family and friends and get outside! In her April message, Dr. Jody Carrington reminds us about the importance of self care and connection:

“As we, on purpose, look for the moments where we bloom into the best versions of ourselves this spring, I want you to check in on yourself. Grace and compassion for you, first, is the name of the game around here these days, nothing less than you would give to your best friend. Despite all the disconnect and angst in many parts of our respective worlds right now – we were never meant to do any of this alone. Destructive self-talk is the last thing we need in this moment, so pick yourself up, dust off the winter cobwebs and get ready to dance. Spring has sprung!”

We're open for Volunteers and Workouts

Do you have a skill that you would like to share with our students? Would you like to help out in the classroom? If you are interested in volunteering at the school, please drop in to fill out a volunteer form. There are no longer vaccination mandates.

Our workout room is once again open to the public between 8:00 am and 4:00 pm.

Kindergarten Registration & Open House

Please spread the word, Kindergarten registration is open online (www.fortschool.ca) and our open house is the afternoon of April 20 from 1-3.

Supporting our School Council & Parent Society

Parents make a positive difference in our school! Everything these volunteers do is to benefit our students. Please take the time to check out the latest reports on page 4, including news on Highway Cleanup.

Please contact me directly with any questions, concerns, and/or suggestions about the operation of our school.

Lorna Hiemstra

Principal

Virtue of the Month –

INITIATIVE

Daring to be original. Using creativity to bring something new into the world.

Learning to take initiative is a behavior that helps kids navigate their lives with courage and optimism.

<https://www.rootsofaction.com/take-initiative-kids/>





Cheering on Spring!

Important Upcoming Days:
 May 5 - Hats on for Mental Health
 May 6 - Bear Day - No School
 May 7 - Parent Society Roadside Clean Up
 May 12 - Class Pictures/Whole School Picture
 May 13 - Bear Day - NO SCHOOL
 May 20 - Bear Day - NO SCHOOL
 May 23 - Victoria Day NO SCHOOL
 June 3 - Bear Day - NO SCHOOL
 June 10 - Bear Day - NO SCHOOL
 June 17 - Bear Day - NO SCHOOL
 June 24 - Bear Day - NO SCHOOL
 June 28 - Last Student Day

**Hot Lunch
 Tuesday April 12**

Turkey Soup



No Charge but pre order will be required

Parent Society Fundraiser

**Highway RoadSide
 Clean Up**

Saturday May 7, 2022

Starting at 8:00 a.m. Meeting at the school

(with Saturday, May 14 being the alternate day in the event of inclement weather)

This fundraiser will help cover the cost of bussing for field trips (swimming, skiing, sports)

Participants must be 9 years or older - All Participants are required to view the Safety Training DVD

To request a section of roadside to clean please contact Meghan Koster or Megan Petreshen or call the school and we'll forward your name and number to one of these ladies.

More info to follow closer to May 7

April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	March 28 Spring Break	29 Spring Break	30 Spring Break	31 Spring Break	April 1 Spring Break	2
3	4 Classes Resume	5	6 Green Shirt Day	7	8 BEAR DAY NO SCHOOL	9
10	11	12 Hot Lunch	13	14 Pizza with the Principal (Feb. Virtue recipients)	15 Good Friday NO SCHOOL	16
17 Easter Sunday	18 Easter Monday NO SCHOOL	19 Wear PJ's to School/Work Day	20 Kindergarten Open House (1:00 - 3:00)	21 National High Five Day	22 Earth Day (See pg 3 for Earth Day Activities at Home) Jr. High Badminton Tournament	23
24	25	26	27	28 Denim Day	29 PD Day NO SCHOOL	30
1	2	3	4	5 Hats on for Mental Health	6	7 Road side Clean Up



Gr. 4-9 enjoyed a great day of snowboarding and skiing at Tawatinaw

Kindergarten Registration

Starting March 1, 2022, we are accepting new student registrations for the 2022-2023 school year. Pembina Hills has recently launched an online registration system called SchoolEngage. There are two ways to register depending on if you are brand new to Pembina Hills or if you have children already attending our schools.

Families who are new to Pembina Hills will need to create a SchoolEngage account. For screenshots and detailed instructions, see the [New Student Registration](#) page.

Existing families who want to register a new student (ie. Kindergarten) can access SchoolEngage through their PowerSchool Parent Portal

Before you register...Here's what you will need to provide:

- Proof of age such as a child's birth certificate or immigration documentation (for newcomers)
- Legal land description or rural address (Rural Students only)
- Copies of any court orders affecting student

We will also be hosting a Kindergarten Open House on Wednesday, April 20 from 1 -3 p.m. for you and your new Kindergarten student to tour the classroom and meet the teacher. If you have any questions please call the school office at 780-584-3751.



Congratulations Kindergarten Class on your Silver Award Certificate at the 2022 Music Festival(Virtual Performance).

PHSD Board News

Board approves capital plan priorities

As part of the province's annual budgeting process, school divisions are required to submit a list of capital projects for consideration. These projects can include new construction or modernization, and are considered alongside all of the province's capital requests, which include hospitals, parks and highways.

When creating the priority list for Pembina Hills, facilities staff review each school's age, size, enrollment, as well as any maintenance concerns. Projects are selected based on the identified needs of each school. These priority projects will be included in the division's 2023 to 2025 Capital Plan. Full report at [Pembinahills.ca-Board News](#)

Three-year education plan priorities

Each year, Pembina Hills School Division prepares and publishes a rolling three-year plan to chart a course for the way that education will be delivered. This plan includes a range of foundation statements and strategic priorities, and identifies a series of outcomes, measures and strategies to implement the identified goals. Since December 2021, the board, senior administration and school principals have been collecting feedback from stakeholders on the current Three-Year Education Plan.

These engagement activities have indicated that the foundation statements, goals, outcomes and priority areas included in the current education plan are still relevant to our current conditions. Because these priorities are still relevant, no changes have been proposed for the upcoming 2022-2025 Education Plan.

The board ratified the current strategic priorities for the new three-year plan.

The next school board meeting will be held at the division's regional office on April 13, 2022 starting at 9:00 a.m.

Hope you had an amazing Spring break!

Melissahanna@pembinahills.ca
Cell- 780-333-8753



Fort Assiniboine Public Library

Effective March 1st, 2022 the last of the remaining health restrictions for Alberta were lifted, meaning you are no longer required to wear a mask in the library.

What an amazing March we had at the Fort Assiniboine Public Library. Our Movies at the Library have been a huge hit and we had a great turnout of 71 people for our St. Patrick's Day Crafts and Cookie Decorating. Our first ever Paint Night was a huge success and filled up within days, so we had to add a second Paint Night the following week. Thank you so much to everyone that participated in any one of our library events, we are so happy to see so many people wanting to come out and take part.

Wednesday April 6th Adult Paint Night:

6:00-8:00 Please call the library to register.

\$10.00 per person

Friday April 8th Easter Crafts and Cookie Decorating:

11:00-3:00 Please call the library to register.

Monday April 11th Movie Night At The Library: Sing 2, Start Time

6:10.

Please call the library to register.

Friday April 25th Movie Afternoon At The Library: Raya And The

Last Dragon, Start Time 1:30.

Please call the library to register.

The library will be CLOSED Friday April 15th for Good Friday and Monday April 18th for Easter Monday.

The library is now open on Monday evenings from 6:00-8:00 instead of Tuesday evenings.

The library closes daily from 12:30-1:00pm for lunch.

Thanks so much!



School Council

Chair – Danielle Calahasen

Vice Chair – Teresa Dekker

Secretary– vacant

Next School Council Meeting is the set for

May 25, 2022 at 6:00 pm in Library

Last meeting was held on March 23rd. We are still looking for a Secretary if anyone is interested.

At the meeting we discussed at great length all of the great upcoming CTF options such as Archery as a part of outdoor Education, Swimming, Photography, Cooking, First Aid, and Sewing. Some may not be implemented until next year.

The next Council of School Council Meeting Conference and Annual General meeting is on April 22-24. We are trying to send one member.

If anyone has any nominations for Citizenship awards, please let Lorna Heimstra know and she can forward you the form.

We discussed communications between parents, community members, and school staff at great length. There are many modes of communication currently such as; school website, school facebook page, newsletters, student agendas, phoning in to Mrs. Fleming, contacting the Principal (Lorna Hiemstra) directly, emailing the parent council email (FASchoolcouncil@pembinahills.ca) or contacting one of the parent council members. Other methods were discussed such as an anonymous text box on our school website under our school council tab, which we will be looking into.

The next meeting is on Wed. May 25, 2022 @ 6pm in the Library.

Danielle Calahasen
403-837-2256 cell

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Parent Society

President - Teresa Dekker

VP - Meghan Koster

Treasurer - Jenny Kuelken

Secretary - Megan Petryshen

Members at Large - vacant

Next Parent Society Meeting is the set for

April 20, 2021 at 2:30 pm in Library

Parent Society Highlights - Annual General Meeting Feb 24, 2022

- ★ New Executive:
- ★ Little Caesar Pizza Fundraiser just finished - estimated \$600 raised
- ★ So far the Parent Society has committed to over \$4500 of donations this school year for new sports uniforms, virtual presentations, music equipment, CTF soldering kits and sewing supplies
- ★ Casino Fundraiser April 29/30
- ★ Highway Clean-Up May 7, 2022 - More info to come

Parent Society Casino Fundraiser

Looking for 10 volunteers from April 29 -May 1

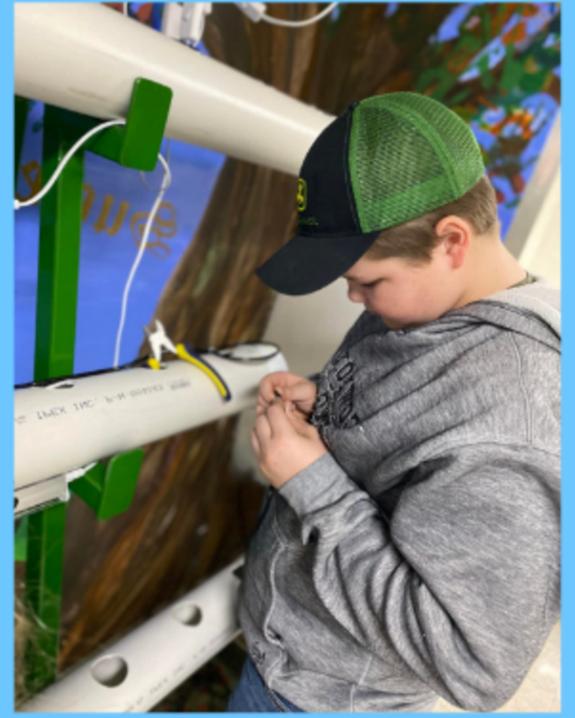
to work the Casino in Fort McMurray

NO experience is necessary

Parent Society will pay for all expenses - Hotel, Travel COVID testing

Our School heavily relies on this Fundraiser taking place every second year. Please consider volunteering for this or talk to family/friends without children in school and ask if they might consider volunteering.

If you need more information about this fundraiser, example: What would I be doing at the casino? Please call Teresa Dekker at 780-584-2422



Hydroponics

Earth Day Activities and Ideas

Celebrate Earth Day by appreciating and respecting the natural world. Here are some ideas to inspire you this year.

1. Support Our Pollinators!

Bring native bees and other pollinating creatures to your garden. One way to do this is by selecting the right plants.

2. Clean Up Plastic in Your Neighborhood or Local Park

One of the best ways to connect with the Earth is through cleanups! Go on a walk with a trash bag and help to clean up any plastic that you find.

3. Swap Out Your Kitchen and Household Products!

Think 100% recycled aluminum foil, chemical-free parchment paper for baking, compostable bags made with potato starch, and even vegetable-based inks on packaging.

4. Plant a Tree!

We love our trees! They capture carbon, cool overheated places, benefit agriculture, support pollinators, reduce the risk of disease transmission, and boost local economies.

5. Use Wildflowers and Native Plants

Wildflowers and indigenous species are not only beautiful but also attract native and beneficial insects that improve both pest control and pollination—meaning bigger flowers and bigger harvests. Try to simply add a couple of native plants to your garden each year, and you'll be amazed at the difference—they'll bring in pollinators as well as birds!

6. Reduce, Reuse, Recycle in the Garden

Caring about yourself and nature means being less wasteful and saving money, too. Who could argue with this? If you are a gardener, here are just a few ideas:

- Buy in bulk when you know that you'll need a lot of topsoil, mulch, compost, or other materials. This cuts down on plastic bags.
- Reuse, recycle, or return old plastic pots and trays.

7. Stop Pesticides and Chemicals in the Garden

- Use organic soil amendments to turn your poor garden soil into a nutrient-rich paradise in which plants will thrive.
- You don't need chemicals to get rid of pesky garden pests: Companion planting, natural remedies, and attracting predators to your garden can save you money and also save your plants.
- Some bugs are good for the garden!
- It's easy to use an organic plant fertilizer—made from just weeds and water.
- Gardening and farming methods such as not tilling the soil, growing cover crops during the off-season, and rotating crops help to retain organic materials in the soil.

8. Conserve Water!

Avoid overwatering your plants and improve their health by knowing how much your garden really needs. Avoid watering your garden vegetables and plants from overhead, which invites fungal disease. Water at the soil level.

9. Get Kids Involved!

Pass down a love of nature and plants to kids. There are lots of opportunities for hands-on learning experiences outside. - Children who grow vegetables, eat vegetables.

*Summer, fall, winter, spring,
The seasons rotate as each brings
Its special beauty to this Earth of ours.
Winter's snow and summer's flowers;
Frozen rivers will flow come spring,
There is a renewal of everything.
-Edna Frohock (1906-97)*



Check out
[https://www.almanac.com/
content/earth-day-date-
activities-history](https://www.almanac.com/content/earth-day-date-activities-history) for more
ideas and info/links



HAPPY EASTER

