

Special Interest Articles

Principal's Message - Page 1

Calendar - Page 2

Celebration of Learning - Page 3

PHSD Board News - Page 3

School Council/Parent Society - Page 4

Sports and CTF - Page 6

This Month's Highlights:

- **Celebration of Learning**
- **"Pi" Day**
- **100th Day of School**
- **Spring Break**

Attendance

Please inform the office if your child is going to be away from school or is sick.

You can call at any time as we do have an answering machine.

780-584-3751



All Smiles



Celebrating Our Learning

Celebration of Learning Meetings

We are looking forward to sharing our students' growth with parents soon. Meetings will be held on March 11 & 12. Please call Mrs. Fleming in the office (780-584-3751) to book an appointment as soon as possible. Thank you.

Music Festival

It has been a few years since our students have performed as a choir at the Barrhead Rotary Music Festival. We are grateful for the inspiration and dedication of our music teacher Mr. Hawken and EA Mrs. Betz (who are both members of the local music guild). They have been working with Elementary and Jr. High choir groups during their lunch hours to create some beautiful music. We also have our Kindergarten class and 13 other Elementary students performing speech arts, including a few poems by the classical poet Shel Silverstein. The choirs will be performing a dress rehearsal for the whole school Mon. March 11 at 3:25 pm.

Pembina Hills Basketball Champions

Congratulations to our Jr. High Girls team on their recent gold medal at the year end basketball tournament Feb. 27 at the Westlock Spirit Center. The girls have played with 6 players all season (only one substitute on the bench). An incredible success story of perseverance, dedication, and teamwork, we are very proud of them: Coach Rhonda Spitzer, Ali Druar, Lina Kafka, Gracie Koster, Liel Yaakobi, Isa Kafka and Lucy Schmid.



Volunteers Rock!

THANK YOU to our invaluable community volunteers who assist with our breakfast snack program, tying skates, and CTF Options. Mary Anne Lehman came in twice a week in Jan/Feb to teach a cooking class. Roxanne Cross, Laurie Budney, and Sandra Dables are sharing their knowledge of sewing, crochet, and needle felting with our Gr. 6-9 students. If you have a skill/activity that you would like to share with students, please contact the office.

Please contact me directly with any questions, concerns, and/or suggestions about the operation of our school.

Lorna Hiemstra

Principal

**Pie Day
Thursday March 14
In honour of
March 14 "Pi" Day**



Important Upcoming Days:


March 22 -April 1 - SPRING BREAK - NO SCHOOL
 April 2 - Classes Resume
 April 12 - Bear Day - NO School
 April 19 - PD DAY NO SCHOOL
 April 22,23,24,25,& 29 - Swimming Lesson's K -9
 April 24 - Kindergarten Open House
 April 26 - Bear Day - NO School
 May 3- Bear Day - NO School
 May 9 - Whole and Kindergarten Grad Pictures
 May 10- Bear Day- NO SCHOOL
 May 13 and 15 - PAT Exams
 May 17 - Bear Day-NO SCHOOL
 May 20 -Victoria Day NO SCHOOL
 May 31 - Bear Day - NO School
 June 7 - PD DAY NO SCHOOL
 June 12-14 - PAT Exams
 June 17 -Bear Day-NO SCHOOL
 June 18-20 - PAT Exams
 June 27 - Last Student Day
 June 27 - Summer Holidays BEGIN

**March 11 - 100th Day of School
Dress as if you were 100 years old**



**Twin Day March 19
Find a twin and dress the same**

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Feb 26	Feb 27	Feb 28	Feb 29	March 1	2
		Jr. High Basketball Divisional Tournament at Westlock Spirit Center	Parents Society General Annual Meeting 1:00pm in Library		NO SCHOOL	
3	4	5	6	7	8	9
			Jr. High Basketball Family Fun Night (Gr. 6-9) in the gym from 7-8 pm		BEAR DAY NO SCHOOL	
10	11	12	13	14	15	16
Spring Forward  Time to Spring Ahead	100th Day of School Dress as if you were 100 Celebration of Learning	Barrhead Rotary Music Festival Celebration of Learning	Jasper Ski Trip Gr 7-9	"Pi" Day 3.14 Pie Dessert for Last snack Jasper Ski Trip Gr 7-9	PD DAY NO SCHOOL	
17	18	19	20	21	22	23
St Patrick's Day		Twin Day Parents Society Hot Lunch Chicken Burgers with a side of Mac and Cheese	Extra Kindergarten Day FA School Council Meeting at 4:30 p.m. in Library	Progress Reports go home for K-9	BEAR DAY NO SCHOOL	
24	25	26	27	28	29	30
	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break Good Friday	
31	April 1	2	3	4	5	6
Easter Sunday	Easter Monday NO SCHOOL	Classes Resume				



PHSD Board News

2024-25 Alternate School Year Calendars Approved

Pembina Hills adopts a **Division Calendar** as a base for all schools. This Division calendar establishes first and last days for students and dates for fall, winter and spring breaks. The minimum number of instructional hours mandated by Alberta Education and other operational and scheduling considerations mean some schools start their days earlier and end later or they operate year-round (Vista Virtual School). Therefore have the option of developing an alternate school year calendar that must be approved individually by the board.

At the February 21, 2024 meeting, the board reviewed alternate calendars for Barrhead Composite High School, Barrhead & Westlock Outreach Schools, Busby School, Dunstable School, Eleanor Hall School, Fort Assiniboine School, Neerlandia Public Christian School, Pembina North Community School, Pibroch and Sunny Bend Colony Schools, R.F. Staples Secondary School and Swan Hills School. These calendars were approved and will be published on their school websites and the **division website**.

Approval in Principle – BCHS trip to Greece and Turkey Tour in 2025

Pembina Hills encourages its students to participate in special events such as field trips, athletic competitions, music and drama festivals, tours and student exchanges, as these activities can significantly complement the educational program. While **Field Trips, Excursions, National and International Tours** have positive educational value, care must be taken to ensure that all off-site activities are organized in a manner that maximizes educational benefit and ensures the protection and safety of students.

The board considered a request from Barrhead Composite High School regarding a trip to Greece with an excursion to Turkey from March 19 to April 2, 2025. The board approved the trip in principle, which authorizes the lead teacher to inform students and parents and to continue planning the trip.

Board Supports School Councils

The Alberta School Councils Association hosts a conference in April to promote effective school council practices and parent engagement. To encourage attendance from Pembina Hills' school council members, the board increased the available funding from the Division to \$5,000. Any interested school council members can apply for a portion of this funding to offset the costs of attending the conference

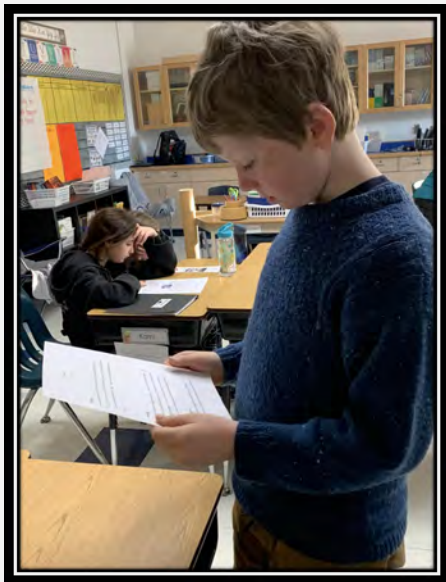
Next board meeting March 20 @ 9:30am.

Melissa Hanna Melissa.hanna@pembinahills.ca 780-333-8753

Celebration of Learning

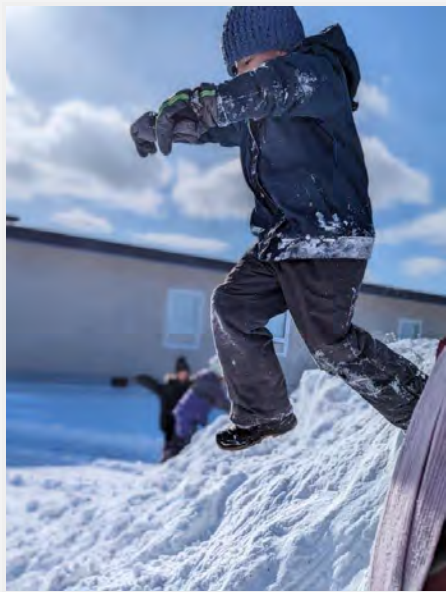
Our celebration of learning meetings with teachers, parents, and students will be held on March 11 and 12 15 minute time slots starting at 4:15 until 7:30

Please call the school to book an appointment time if the school hasn't already contacted you first to set up a convenient time



We look forward to celebrating your child's achievements in school so far this school year.

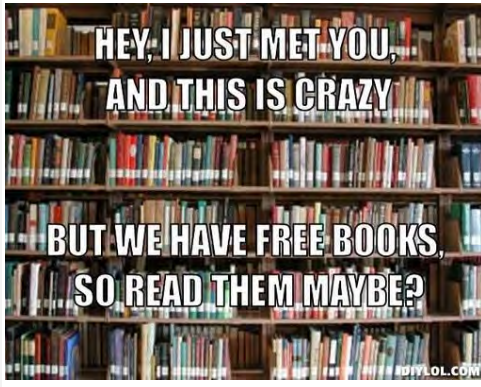
Jumping into Spring



Congratulations to our 2023 Remembrance Day Contest Winners pictured below with Legion President Dale Kluin and Poppy Chair Bessie Stevens



We are proud of our students who received awards from the Legion for their annual Remembrance Day Poster, Essay, and Poetry contest.



Upcoming March Events:

Friday March 15th - St. Patrick's Day Crafts and Cookie Decorating: 11:00-3:00.

Monday March 25th - Movie Night at the Library: Orion And The Dark Start Time 6:10

The library is open on Monday evenings from 6:00-8:00

The library closes daily from 12:30-1:00 pm for lunch.

Megan Petryshen
Library Manager | Fort Assiniboine Public Library
#20-1st Street
Fort Assiniboine AB T0G 1A0

Phone 780-584-2227
Fax 780-674-8575
Email

fortassiniboinelibrary@yrl.ab.ca



School Council

Chair – Danielle Calahasen

Vice Chair – vacant

Secretary/Treasurer– Sara Rouw

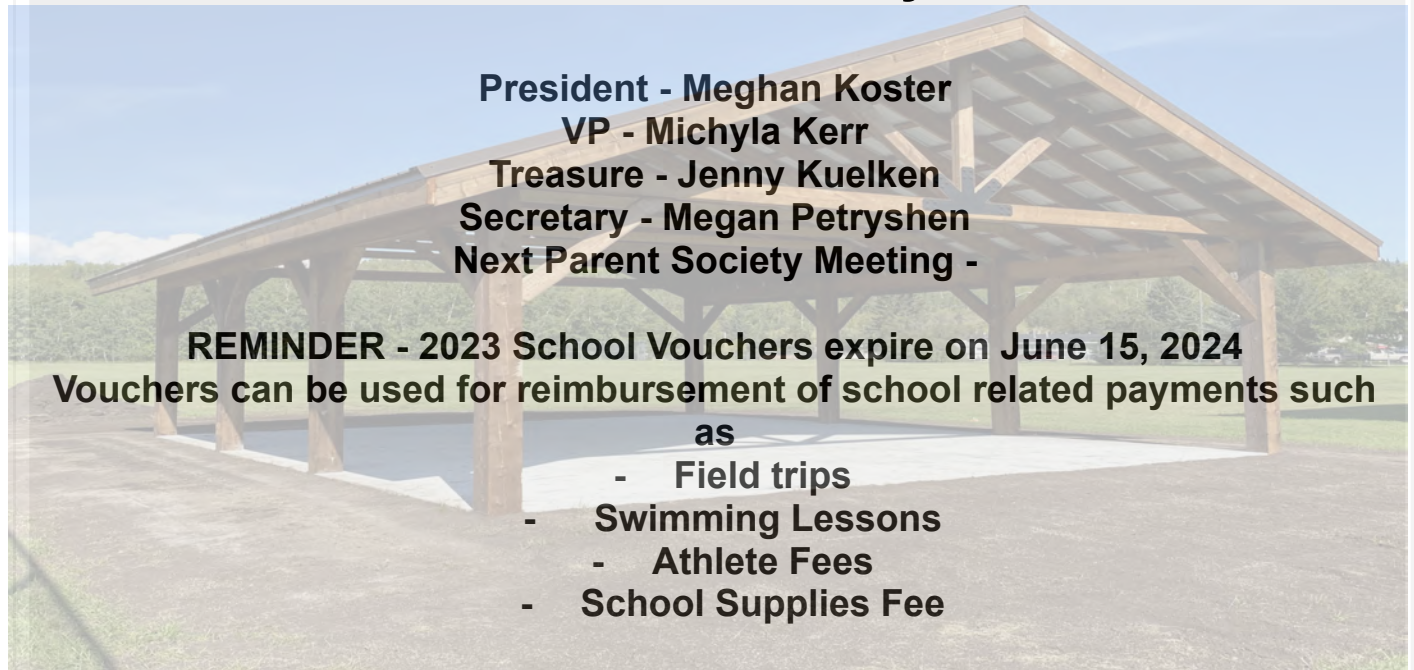
Next School Council Meeting is Wed. March 20th, 2024 @ 4:30pm

The School Council is still seeking a Vice-Chair position and parental input at our meetings. Please come and join us and have your say on how our school is run!

Some exciting programming has been presented and discussed at our last meeting.

We are looking for a volunteer interested in attending the Alberta School Councils Association 2024 Conference in Edmonton on April 26, 27 & 28. Contact Danielle if interested.

**Parent Society Highlights - Annual General Meeting Feb 28, 2024
Parent's Society**



President - Meghan Koster

VP - Michyla Kerr

Treasure - Jenny Kuelken

Secretary - Megan Petryshen

Next Parent Society Meeting -

**REMINDER - 2023 School Vouchers expire on June 15, 2024
Vouchers can be used for reimbursement of school related payments such as**

- Field trips
- Swimming Lessons
- Athlete Fees
- School Supplies Fee

Thursday March 14 - PIE (Pi Day) - FREE slice of pie for everyone - courtesy of Pembina West Co-op (Barrhead)

Hot Lunch - Tuesday March 19

Chicken Burgers with a side of Mac and Cheese

Watch for Pre Order forms coming home soon

Little Caesar's Pizza fundraiser starting mid-March



Parent Society President Meghan Koster receives a cheque from Woodlands County Councillor Devin Williams !

Sports Report

Elementary Basketball - Our elementary teams played 9 league games this year. Unfortunately we were unable to attend the divisional tournament. Thank you to Gr. 9 student Lina Kafka who did an excellent job coaching and being a positive role model for our young athletes. Thank you to Mrs. Hiemstra and Mrs. Kien for coaching and supervising. We will have an Elementary Basketball wind-up game against the teachers at lunch recess on March 20th.

Jr. High Basketball Wind-up - Family Fun Night Wed. March 20th from 7-8 pm

Jr. High Badminton Tournament - students will play qualifying games ahead of time in order to attend the PHSD Tournament Tues. April 23 at the Westlock Spirit Center



Jr High Girls Divisional Champions



Jr High Boys

Congratulations to our Jr. High Basketball teams on a Great day at Divisionals. Our boys met their goal of defeating a team that had previously beat us by 2 points (we won 24-18) and our girls WON GOLD, in OT 23-20 including a couple of clutch free throws.

An amazing accomplishment, especially with only six players! Thank You Coaches and parents



**WE ARE ENJOYING SKATING !
THANKFUL FOR FORT ASSINIBOINE
AG SOCIETY!**

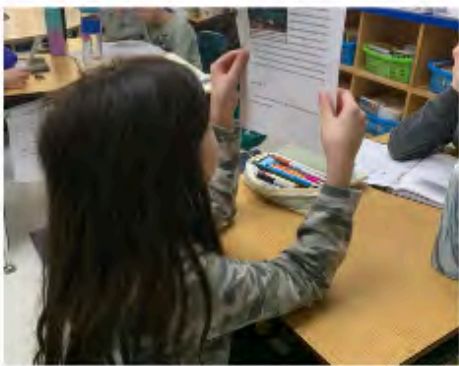
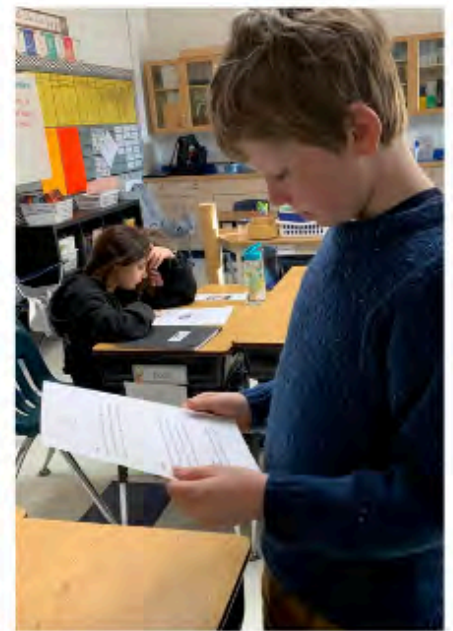
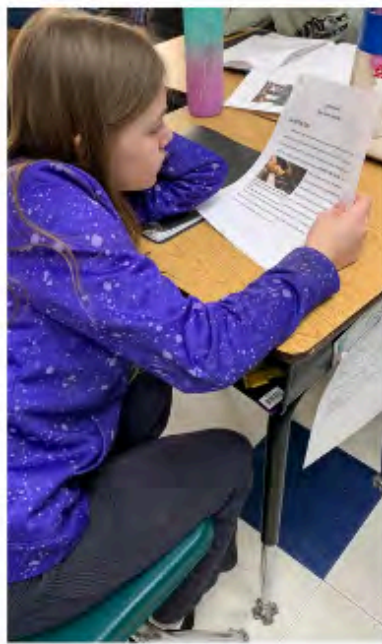
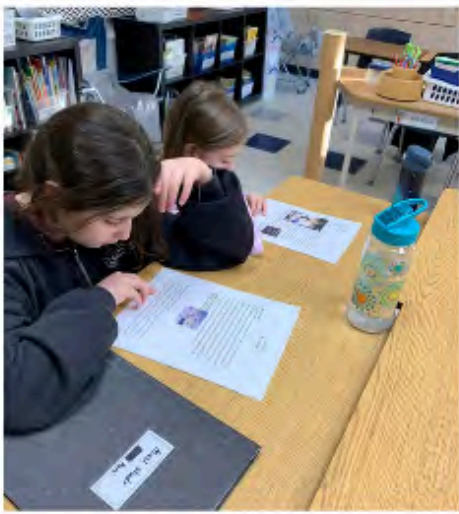


Sharing stories with our classmates





Kindergarten Outdoor literacy is fun



Learning from your classmates' non-fiction writing can be an exciting way to gain new knowledge!

CTF Classes March - April



Music & Event Planning



Sewing, Crochet, Needle Felting, & Badminton



FORT ASSINIBOINE MINOR SOFTBALL

REGISTRATION MARCH 5 6-8 P.M.

CURLING RINK LOBBY

Please Check our FACEBOOK page for updates

Register through link:

<https://forms.gle/EPrW1uiXVwBETuk96>

Contact Penny Price

fortassiniboinesoftball@gmail.com or

780-584-2100 for more information

TIPS TO BUILD EMOTIONAL RESILIENCE IN KIDS

Spend quality time with kids. When they feel loved and supported, children develop emotional strength.

Talk about feelings so your child learns to share their worries and fears with people they trust.

Instead of rushing to solve problems, give kids time to work things out themselves.

When children experience failure or disappointment, it's important to praise their effort and encourage them to try again.

Acknowledge your own mistakes to teach kids that mistakes are essential for learning and growth.

If your child can't find a solution to a problem, use gentle questioning to guide them towards it.

Ensure kids are eating well and getting enough sleep and exercise.

